

Lauren A. Tighe

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Academic Positions

2024-	Research Assistant Professor, Institute for Policy Research, Northwestern University
2019-2023	Postdoctoral Fellow, Institute for Policy Research, Northwestern University
2016-2019	Evaluation Assistant, Center for Education Design, Evaluation, and Research, University of Michigan
2007-2019	Research Assistant, Institute for Social Research, University of Michigan

Education

2019	Ph.D.	University of Michigan, Ann Arbor Department of Psychology (Developmental) & School of Social Work
2016	M.S.W.	University of Michigan, Ann Arbor School of Social Work Social Policy and Evaluation
2016	M.S.	University of Michigan, Ann Arbor Department of Psychology (Developmental)
2011	B. A.	University of Michigan, Ann Arbor Psychology (high honors), Program in the Environment

Research and Teaching Interests

Child development, family well-being, parenting, poverty, early childhood education, higher education, adult education and workforce training, child and family policy, program evaluation

Publications, Reports, and Briefs

Tighe, L. A., Sommer, T. E., Sabol, T. J., & Chase-Lansdale, P. L. (2025). *Results from a decade-long research-practice partnership: Effects of a two-generation program on parents and adolescents after 6 and 10 years*. Institute for Policy Research, Northwestern University. Brief: [LINK](#)

Tighe, L. A., Sommer, T. E., Sabol, T. J., Chase-Lansdale, P. L., Yoshikawa, H., Brooks-Gunn, J., Morris, A., & King, C. (2024). A mixed-methods study examining the long-term effects of a two-generation

English as a Second Language program on immigrant parents and children. *Educational Evaluation and Policy Analysis*, 01623737241268074.

Tighe, L. A., & Davis-Kean, P. E. (2024). Economic hardship trajectories of college-educated families living in or near poverty: Assessing predictors and outcomes. *Family Relations*, 73, 1201-1218.

Tighe, L. A., Sommer, T. E., Sabol, T. J., & Chase-Lansdale, P. L. (2024). Improving the education and wellbeing of student parents. *Annals of the New York Academy of Sciences*, 1532(1), 10-17.

Sabol, T. J., Chor, E., Sommer, T. E., **Tighe, L. A.**, Chase-Lansdale, P. L., Morris, A. S., Brooks-Gunn, J., Yoshikawa, H., & King, C. (2024). Does adding parent education and workforce training to Head Start promote or interfere with children's development? *Child Development*. DOI: 10.1111/cdev.14141

Chor, E., Chase-Lansdale, P. L., Sommer, T. E., Sabol, T. J., **Tighe, L. A.**, Brooks-Gunn, J., Yoshikawa, H., Morris, A., & King, C. (2023). Three-year outcomes for low-income parents of young children in a two-generation education program. *Journal of Research on Educational Effectiveness*, 1-42. DOI: 10.1080/19345747.2023.2273511

Tighe, L. A., Sommer, T. E., & Chase-Lansdale, P. L. (2023). *The postsecondary education outcomes of Scott High School graduates after one, two, and three years: Before and after the introduction of HOPE Toledo Promise*. Report: [LINK](#)

Sommer, T. E., **Tighe, L. A.**, Sabol, T. J., Chase-Lansdale, P. L., Yoshikawa, H., Brooks-Gunn, J., Morris, A., & King, C. (2023). The effects of a two-generation English as a Second Language program on immigrant parent and child outcomes. *Applied Developmental Science*, DOI: 10.1080/10888691.2023.2174118

Dundar, A., **Tighe, L. A.**, & Turner, J. (2023). Underwater: Student mothers and fathers struggle to support their families and pay off college loans. Research brief, Institute for Women's Policy Research. Brief: [LINK](#)

Tighe, L. A., Birditt, K. S., Turkelson, A., & Sastry, N. (2022). I've got you under my skin: Implications of family conflict and support for children's cortisol rhythms. *Developmental Psychobiology*, 64(4), e22263.

Sommer, T. E., **Tighe, L. A.**, Chase-Lansdale, P. L., Addie, A., Salvador, H., & Akhtar, E. K. (2022). *A second implementation study of HOPE Toledo Promise (2020-22): A novel two-generation college scholarship program*. Report: [LINK](#)

Sommer, T. E. Jones, J. C., **Tighe, L. A.**, Chase-Lansdale, P. L., & Addie, A. (2021). *A novel two-generation approach to college promise: HOPE Toledo Promise*. Policy Brief, College Promise. Brief: [LINK](#)

Davis-Kean, P. E., **Tighe, L. A.**, & Waters, N. E. (2021). The role of parent educational attainment in parenting and children's development. *Current Directions in Psychological Science*, 30(2), 186-192.

Tighe, L. A., & Davis-Kean, P. E. (2021). The influence of high parental education on children from low-income families. *Merrill-Palmer Quarterly*, 67(3), 293-328.

Sommer, T. E., Chase-Lansdale, P. L., **Tighe, L. A.**, & Addie, A. (2021). An implementation study of the HOPE Toledo Promise inaugural class of 2020. Report: [LINK](#)

Gilpin, A., Mennen F., Pakulak, E., Sommer, T. E., Dwyer, K. M....**Tighe, L. A. (2020).** *Approaches to meeting the needs of children and parents together in the context of Head Start: Four Head Start University Partnership grants*. OPRE Report # 2020-32. Office of Planning, Research and Evaluation, Administration for Children and Families, U.S. Department of Health and Human Services.

Birditt, K. S., **Tighe, L. A.**, Nevitt, M. R., & Zarit, S. (2018). Daily social interactions and the biological stress response: Are there age differences in links between social interactions and diurnal stress hormones? *The Gerontologist*, 58(6), 1114-1125.

Tighe, L. A., Birditt, K. S., Antonucci, T. (2016). Intergenerational ambivalence from adolescence to young adulthood: Implications for well-being. *Developmental Psychology*, 52(5), 824-834.

Birditt, K. S., **Tighe, L.**, Fingerman, K. L., & Zarit, S. H. (2012). Intergenerational relationship quality across three generations. *Journal of Gerontology: Social Science*, 67, 627-638.

Fingerman, K. L., Cheng, Y. P., **Tighe, L.**, Birditt, K. S., & Zarit, S. (2012). Relationships between young adults and their parents. In A. Booth, S. L. Brown, N. Landale, W. Manning & S. M. McHale (Eds.), *Early adulthood in a family context* (pp. 59-85). New York: Springer Publishers.

Birditt, K. S., Antonucci, T. C., & **Tighe, L.** (2012). Enacted support during stressful life events in middle and older adulthood. *Psychology and Aging*, 27, 728-741.

Presentations

Tighe, L. A., Sommer, T. E., Sabol, T. J., & Chase-Lansdale, P. L. (2025, May). *The longer-term effects of a two-generation education program on parents and adolescents from low-income families*. Symposium paper presented at the biennial meeting of the Society for Research in Child Development in Minneapolis, Minnesota.

Served as symposium chair for the “Exploring investments in parents to improve parent, child, and family outcomes” session.

Sommer, T. E., & **Tighe, L. A.** (2023, October). *Supporting family engagement in education over the life course*. Symposium paper at the annual meeting of PromiseNet in Detroit, MI.

Tighe, L. A., & Sommer, T. E. (2023, May). *Supporting student parents: The role of Head Start*. Presentation at the annual meeting of Achieving the Dream, Adult Learner Success Summit, virtual.

Sommer, T. E., **Tighe, L. A.**, Chase-Lansdale, L., & Salvador, H. (2022, November). *Why study HOPE Toledo Promise?* Presentation at the College Promise Careers Institute in Washington, DC.

Sommer, T. E., **Tighe, L. A.**, Sabol, T. J., Chase-Lansdale, L., Yoshikawa, H., Brooks-Gunn, J., Morris, A., & King, C. (2022, May). *The effects of a two-generation ESL program on parent and child outcomes*. Symposium paper presented at the special topics meeting of the Society for Research in Child Development “Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination” in Rio Grande, Puerto Rico.

Served as symposium chair for the “Innovative programs and policies to promote the well-being of economically disadvantaged immigrant children and parents” session.

Sommer, T. E., **Tighe, L. A.**, Chase-Lansdale, L., & Addie, A. (2022, March). *An implementation study of a two-generation promise scholarship program for low-income families*. Symposium paper presented at the annual meeting of the Association for Public Policy Analysis & Management in Austin, TX. Served as symposium chair for “Family-centered approaches to college promise programs: Improving postsecondary success among low-income families”.

Sommer, T. E., **Tighe, L. A.**, Sabol, T. J., Chase-Lansdale, L., Yoshikawa, H., Brooks-Gunn, J., Morris, A., & King, C. (2020, December). *The effects of a two-generation ESL program on parent and child outcomes*. Poster presented at the annual meeting of the National Research Conference on Early Childhood, virtual.

Tighe, L. A., & Sommer, T. E. (2020, October). *Whole-family approaches to research and practice: A look at CAP Tulsa’s 2Gen CareerAdvance program*. Symposium paper presented at the annual meeting of the Research and Evaluation Conference on Self-Sufficiency, virtual.

Tighe, L. A., & Gant, L. M. (2019, January). *Academic undermatch: Investigating substantial undermatch in a nationally representative sample*. Poster presented at the annual meeting of the Society for Social Work and Research, San Francisco, CA.

Tighe, L. A. (2018, November). *Propensity score matching in a state-wide program evaluation*. Professional development workshop presented at the annual meeting of the American Evaluation Association, Cleveland, OH.

Tighe, L.A., Webster, N. J., & Ajrouch, K. (2018, November). *The influence of concurrent SES trajectories on social relations and health*. Symposium paper presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Tighe, L. A. (2018, November). *Mechanics of secondary data analysis*. Workshop presented at the University of Michigan Department of Psychology Methods Hour, Ann Arbor, MI.

Tighe, L.A. & Davis-Kean, P. E. (2018, October). *Low income yet highly educated: Trajectory and achievement differences in children from low income, high education families*. Poster presented at the Conference on the Use of Secondary and Open Source Data in Developmental Science (Society for Research in Child Development) in Phoenix, AZ.

Beu, S., Johnson, L. J., & **Tighe, L. A.** (2018, July). *Collecting, organizing, and analyzing data: Three stages of evaluating a state-wide program*. Professional development workshop presented at the annual meeting of the National Council for Community and Education Partnerships/Gaining Early Awareness and Readiness for Undergraduate Programs, Washington, D.C.

Tighe, L. A., Birditt, K. S., & Fingerman, K. L. (2018, July). *Positive interactions with parents and cortisol among adult children: Benefits of living together and living apart*. Symposium paper presented at the annual meeting of the International Association for Relationship Research, Fort Collins, CO.

Tighe, L. A., & Davis-Kean, P. E. (2017, October). *Low-income parents with college degrees: Investigating the relationship between parent gender and family characteristics*. Symposium paper presented at the biennial meeting of the Society for the Study of Human Development, Providence, RI.

Tighe, L. A., & Webster, N. (2017, July). *The influence of socioeconomic status on health and well-being: Comparing diverse trajectories*. Symposium paper presented at the meeting of the International Association of Gerontology and Geriatrics, San Francisco, CA.

Ahmed, S., & **Tighe, L. A.** (2017, April). *Alternatives to regression discontinuity*. Workshop presented at the University of Michigan Department of Psychology Methods Hour, Ann Arbor, MI.

Tighe, L. A., & Antonucci, T. A. (2016, November). *The influence of SES changes over time on social networks*. Symposium paper presented at the annual meeting of the Gerontological Society of America, New Orleans, LA.

Tighe, L. A., Davis-Kean, P. E., & Tang, S. (2016, July). *Investigating the influence of parental behaviors on children's achievement among four different groups*. Poster presented at the biennial meeting of the International Society for the Study of Behavioural Development, Vilnius, Lithuania.

Tighe, L. A., & Ellis, A. (2016, May). *Where are you now? The impact of high school STEM interest on later life outcomes*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Webster, N. J., & **Tighe, L. A.** (2015, November). *The influence of moving on social network change in later life: The role of socio-economic status*. Symposium paper presented at the annual meeting of the Gerontological Society of America, Orlando, FL.

Tighe, L. A., & Davis-Kean, P. E. (2015, October). *What do highly educated parents in low income families provide to their children?* Symposium paper presented at the biennial meeting of the Society for the Study of Human Development, Austin, TX.

Tighe, L. A., & Davis-Kean, P. E. (2015, March). *The influence of parent's education on the next generation of low-income children*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.

Research presentations from 2009 to 2011: Society for Research in Child Development, Association for Psychological Science, American Psychological Association, Gerontological Society of America, Society for the Study of Human Development.

Research Grant Awards

2024-2026	Annie E. Casey Foundation. "Improving Strategies to Support the Children of Student Parents." \$200,000 (Co-Principal Investigator)
2024-2026	ECMC Foundation. "Promoting Study Parent Identity on Community College Campuses: College Belonging and Connection for Families Initiative." \$749,025 (Co-Principal Investigator).
2023-2025	Administration for Children and Families, Office of Planning, Research and Evaluation. "Unpacking the Impact of HPOG 2.0 on Student Parents' Education and Employment: Exploring the Role of Childcare." \$200,000 (Co-Principal Investigator).
2023-2024	Michelson 20MM Foundation. "Promoting Study Parent Identity on Community College Campuses in California: College Belonging and Connection for Families Initiative." \$50,000 (Co-Principal Investigator).
2022-2025	George Kaiser Family Foundation. "CAP Family Life Study: Follow-up of Parents, Adolescents, and Young Siblings." \$150,000 (Co-Investigator).
2022-2023	National Institutes for Health, Individual National Research Service Award (NRSA), National Institute of Child Health and Human Development (NICHD): "Examining the Effects of a Two-Generation Education Intervention on Children's Developmental Outcomes and Family Processes Using Diverse Methodological Approaches." Grant #1 F32 HD106691-01, \$137,064 (Principal Investigator).
2022-2023	The Kresge Foundation, CoPro 2.0: Shaping Equitable and Sustainable College Promise Programs. "A Two-Generation College Scholarship Program: Scaling HOPE Toledo Promise to Reduce Racial Inequities across the City." \$121,037, subcontract (Co-Investigator).
2022	Institute for Policy Research, Northwestern University. "Moving Toward a Large-Scale Impact Evaluation of Climb Hire: A Foundational Descriptive Study". \$3,000 (Co-Investigator).
2022	HOPE Toledo. "Ongoing Implementation Evaluation: Scaling a Two-Generation College Scholarship Program in Toledo, OH." \$79,658 (Co-Investigator).
2021-2025	Annie E. Casey Foundation. "CAP Family Life Study: Follow-up of Parents, Adolescents, and Young Siblings." \$289,000 (Co-Investigator)
2021	HOPE Toledo. "An Implementation Study of a Two-Generation College Promise Program." \$47,077 (Co-Investigator).
2015-2018	National Institutes of Health Diversity Supplement, National Institute of Aging. "Influences of SES Changes over time on Social Networks and Well-being." (Co-Investigator).

2009-2011 National Institutes of Health Administrative Supplement, National Institute of Aging. "Social Relations, Aging, and Health." (Co-Investigator).

Awards and Honors

2024 Outstanding Instructor Award, School of Education and Social Policy, Northwestern University

2018 Robert Kahn Fellowship for the Scientific Study of Social Issues, Institute for Social Research, University of Michigan

2018 Elizabeth Douvan Junior Scholar Fund in Life Course Development, Institute for Social Research, University of Michigan

2018 Gerontology Learning Community summer writing stipend, School of Social Work, University of Michigan

2018 Rackham Graduate Student Candidate Research Grant, University of Michigan

2017-2018 International Max Planck Research School on the Life Course, *fellow*

2016 W.K. Kellogg Family Endowed Fellowship, School of Social Work, University of Michigan

2016 Rackham Graduate Student Pre-Candidate Research Grant, University of Michigan

2014, 2015 Ford Foundation Predoctoral Fellowship, *honorable mention*

2014, 2015, 2017, 2018 Rackham Travel Grant (for national conference presentations), University of Michigan

2013-2019 Rackham Merit Fellowship Award for Doctoral Study, University of Michigan

2010-2011 Center for Ethics in Public Life, University of Michigan, *fellow*

2010 Conference Travel Award, Department of Psychology, University of Michigan

2009 James B. Angell Scholar, University of Michigan

2007-2011 Scholar Recognition Award, University of Michigan

2007-2011 University Honors, University of Michigan

Statistical Skills and Training

Research Training Institute on Cluster-Randomized Trials, two-week course at Northwestern University through National Center for Education Research in the Institute of Education Sciences (Stata, HLM)

Multilevel and Longitudinal Data Analysis, semester course at the University of Michigan (Stata)

Structural Equation Modeling, semester course at the University of Michigan (Mplus) and virtual course from CenterStat (Mplus)

Longitudinal Data Analysis, including categorical outcomes (mixed modeling), summer course at Inter-University Consortium for Political and Social Research (Stata, SAS)

Latent Class Analysis in Social Science Research, summer course at Inter-University Consortium for Political and Social Research (Mplus)

Handling Missing Data Using Multiple Imputation in Stata, summer course at Inter-University Consortium for Political and Social Research (Stata)

Data Visualization for Social Justice, semester course at the University of Michigan (R)

Panel Study of Income Dynamics (PSID) Data User Workshop, summer course at Inter-University Consortium for Political and Social Research (Stata)

College & Beyond II (CBII) Data User Workshop, summer course at Inter-University Consortium for Political and Social Research (Stata, R)

Teaching Experience and Training

2025 Supporting Student Success Practicum, Northwestern University

2024, 2025 Instructor of Record
Childhood and Adolescence (SESP 201)
School of Education and Social Policy, Northwestern University

2024 Instructor of Record
Child and Family Policy (SESP 351)
School of Education and Social Policy, Northwestern University

2023 Instructor of Record, substitute for professor on emergency leave
Developmental Psychology (PSYC 273)
Department of Psychology, Loyola University Chicago

2022, 2023 Instructor of Record
Child and Adolescent Development (MSED 405)
School of Education and Social Policy, Northwestern University

2017	Graduate Student Instructor Developmental Psychology Methods (PSYCH 351) Department of Psychology, University of Michigan
2016	Teaching Assistant Statistics in Policy Analysis and Evaluation (SW 673) School of Social Work, University of Michigan
2015	Graduate Student Instructor Introduction to Developmental Psychology (PSYCH 250) Department of Psychology, University of Michigan
2011-2013	Lead Math Teacher Algebra, Geometry, Algebra II, College Math Clara B. Ford Academy & Vista Meadows Academy, Dearborn Heights, MI

University and Community Service

2025-	Undergraduate Honor's Program, Northwestern University, <i>thesis advisor</i>
2022-	Northwestern Prison Education Program, <i>research team member</i>
2021-2022	Souper Heroes, <i>cook, server, and board member for Chicago's homeless population</i>
2018-2019	Psychology Department, <i>departmental associate</i>
2017-2018	Washtenaw County Jail with Washtenaw Literacy, <i>tutor</i>
2016-2018	Social Work Doctoral Student Organization, <i>elected supervisory representative</i>
2016-2018	Psychology Graduate Student Association, <i>elected co-chair</i>
2015-2016	Developmental Psychology Curriculum Committee, <i>student representative</i>
2014-2017	Michigan Association of Psychological Scholars, <i>chair</i>
2014-2015	Department of Psychology Diversity Committee, <i>student representative</i>
2013-2019	Latino/a Student Psychological Association, <i>member</i>
2013-2015	Social Work Doctoral Student Organization, <i>elected social chair</i>
2013-2014	University of Michigan Student Budget Advisory Committee, <i>representative</i>
2013-2014	Teach for America Collective Mentorship Program, <i>mentor</i>

Peer Reviewer

<i>Applied Economics</i>	<i>Child and Youth Services</i>
<i>Infant and Child Development</i>	<i>Education Researcher</i>
<i>Child Development</i>	<i>Family Relations</i>

Professional Memberships

American Educational Research Association
Association for Public Policy Analysis & Management
Association for Psychological Science
National Council on Family Relations
Society for Research in Child Development