

Curriculum Vitae

Leah D. Doane

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Northwestern University
Cells to Society (C2S): The Center on Social Disparities and Health
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Education

- 2008** **Ph.D.** **Human Development and Social Policy**
Northwestern University, School of Education and Social Policy. Dissertation: *Loneliness, Stress, and Depression over the Transition to Adulthood: Interpersonal and Physiological Pathways*. Chair: Emma Adam.
- 2006** **M.A.** **Human Development and Social Policy**
Northwestern University, School of Education and Social Policy.
- 2002** **A.B.** **Psychology, *Cum laude***
Cornell University, College of Arts and Sciences.

Grants and Awards

- 2009** Young Investigator Award, International Society of Psychoneuroendocrinology
- 2008** Alumni Leadership Award, Northwestern University
- 2007-2008** Alumnae Dissertation Recognition Award, Northwestern University
- 2005-2007** Searle Graduate Teaching Certificate Program, Northwestern University
- 2005-2008** Institute for Policy Research Fellowship, Northwestern University
- 2003-2005** Spencer Foundation Research Training Grant
- 2002-2003** Northwestern University Graduate Fellowship
- 2002** Graduate with Distinction, Cornell University

Positions Held

- 2009-present **Research Assistant Professor** School of Education and Social Policy and Cells to Society: The Center on Social Disparities and Health at the Institute for Policy Research, Northwestern University, Social Influences on Early Adult Stress Biomarkers in the National Longitudinal Study of Adolescent Health and the Northwestern Sleep and Stress Study.

- 2006-present **Lecturer** School of Education and Social Policy, Northwestern University, Human Development and Psychological Services.
- 2008-2009 **Postdoctoral Scholar** Vietnam Era Twin Study of Aging, Cortisol Subcontract (PI: William Kremen, University of California, San Diego): Department of Psychiatry and Behavioral Neuroscience, Biological Sciences Division, University of Chicago for Kristen Jacobson.
- 2004-2008 **Project Director** Northwestern Sleep and Stress Study (PI: Emma Adam), Program in Human Development and Social Policy, School of Education and Social Policy, Northwestern University. Supervise 10-15 undergraduate lab assistants in the implementation of a longitudinal study of 200 youth.
- 2004-2007 **Clinical Interviewer** for Susan Mineka and Rick Zinbarg, Department of Psychology, Weinberg College of Arts and Sciences, Northwestern University.
- 2003-2008 **Graduate Research Assistant** for Emma Adam, Program in Human Development and Social Policy, School of Education and Social Policy, Northwestern University.
- 2002-2003 **Graduate Research Assistant** for Barton Hirsch, Program in Human Development and Social Policy, School of Education and Social Policy, Northwestern University.

Publications

- Doane, L.D.** & Adam, E.K. (In Press). Loneliness and cortisol: Momentary, day-to-day, and trait associations. *Psychoneuroendocrinology*.
- Doane, L.D.**, Kremen, W.S., Eaves, L., Eisen, S.A., Hauger, R., Hellhammer, D., Levine, S., Lupien, S., Lyons, M., Mendoza, S., Prom-Wormley, E., Xian, H., York, T., Franz, C.E. & Jacobson, K. (In Press). Associations between jet lag and basal cortisol rhythms the day after short distance travel. *Health Psychology*.
- DeSantis, A., Adam, E. K., Mendelsohn, K., & **Doane, L.D.** (In Press). Concordance between reported and actual wake-up times in ambulatory salivary cortisol research: Implications for the cortisol response to awakening. *International Journal of Behavioral Medicine*.
- Mor, N., **Doane, L.D.**, Adam, E., Mineka, S., Zinbarg, R., Craske, M. & Griffith, J. (2008). Greater negative emotion associated with self-oriented thoughts in MDD: A diary study. *Cognition and Emotion*. Published online December 4, 2008.
- Hauner, K., Adam, E. K., Mineka, S., **Doane, L.D.**, DeSantis, A. Zinbarg, R., Craske, M., & Griffith, J. (2008). Neuroticism and introversion are associated with salivary cortisol patterns in adolescents. *Psychoneuroendocrinology*, 33(10), 1344–1356.
- Adam, E. K., Sutton, J., **Doane, L.D.** & Mineka, S. (2008). Incorporating HPA-axis measures into preventative interventions for adolescent depression: Are we there yet? *Development and Psychopathology*, 20, 975-1001.

DeSantis, A., Adam, E. K., **Doane L.D.**, Mineka, S., Zinbarg, R., Craske, M. (2007). Racial/ethnic differences in cortisol diurnal rhythms in a community sample of adolescents. *Journal of Adolescent Health, 41*, 3-13. *See also editorial on this article p. 1-2 of the same issue.

Book Chapters

Adam, E. K., **Doane, L. D.**, Mendelsohn, K. (2009). Spit, sweat, and tears: Measuring biological data in naturalistic settings. In Hargittai, Eszter (Ed.) *Research Confidential: Solutions to Problems Most Social Scientists Pretend They Never Have*, pp. 3-37. Ann Arbor: University of Michigan Press.

Manuscripts Submitted

Adam, E. K., **Doane, L. D.**, Zinbarg, R., Craske, M., & Mineka, S. Prospective prediction of mood and anxiety disorders from diurnal cortisol patterns in late adolescence. *Revise and resubmit at Psychoneuroendocrinology.*

Kircanski, K., Craske, M., Adam, E.K., Mineka, S., Zinbarg, R.E., & **Doane, L.D.** The relationship of intraindividual variability in self-reported emotion to anxiety symptoms in adolescents. *Revise and resubmit at Psychological Medicine.*

Doane, L.D., Kremen, W.S., Eaves, L., Eisen, S.A., Hauger, R., Hellhammer, D., Levine, S., Lupien, S., Lyons, M., Mendoza, S., Prom-Wormley, E., Xian, H., York, T., Franz, C.E. & Jacobson, K. Does neuroticism mediate or moderate the associations between cortisol and depression? *Manuscript under review.*

Doane, L.D., Adam, E.K., Mineka, S., Zinbarg, R., Craske, M & Griffith, J. Flattened diurnal cortisol rhythms as a scar marker of past depressive episodes and a state marker of current negative emotion in a community sample of adolescents. *Manuscript under review.*

Manuscripts In Preparation

Doane, L.D. & Adam, E.K. Relationship functioning and depressive symptoms over the transition to adulthood. *Manuscript in preparation.*

Paper Presentations at Professional Conferences

Doane, L.D., Franz, C., Prom-Wormley, E., Eaves, L., Mendoza, S., Xian, H., Lyons, M., Kremen, W. & Jacobson, K. (2009, June). Alterations in basal cortisol activity as a marker of the genetic susceptibility of negative mood and depression. In B. Horwitz (chair), *Internalizing I*. Symposium conducted at the Annual Meeting of the Behavior Genetics Association, Minneapolis, MN.

Doane, L.D., & Adam E.K. (2008, July). Loneliness, stress and cortisol: Three level

associations. In E.K.Adam (chair), *Social Stressors and HPA Reactivity*. Symposium conducted at the Annual Conference of the International Society of Psychoneuroendocrinology, Dresden, Germany.

Adam, E. K., **Doane, L.D.**, Mendelsohn, K.A., Griffith, J.W., Mineka, S., Zinbarg, R., & Craske, M. (2007, March). Diurnal Cortisol Patterns, Stressful Life Events, Momentary Negative Emotion and Mood and Anxiety Disorders in Late Adolescence. In J. Silk (Chair), *Daily Emotions and Activities: An Ecological Momentary Assessment Approach to Understanding Child Depressive Symptoms*. Symposium conducted at the Biennial Meeting of the Society for Research on Child Development, Boston, MA.

Adam, E. K., **Doane, L.**, Mineka, S., Zinbarg, R. E. & Craske, M. G. (2006, October). Cross-Sectional and prospective longitudinal associations between diurnal cortisol rhythms, exposure to stressful life events and adolescent mood and anxiety disorders. Paper presentation in *Common and specific risk factors for the emotional disorders: Time 1 results from a prospective study*. Symposium conducted at the Society for Research on Psychopathology, San Diego, CA.

Adam, E. K., **Doane, L.**, Mendelsohn, K., Griffith, J., Mineka, S., Zinbarg, R. E. & Craske, M. G. (2006, June). Diurnal cortisol patterns, exposure to stressful life events, and the development of mood and anxiety disorders in late adolescence. Paper presentation in symposium, *The HPA axis before and during puberty*, at the 37th Annual Conference of the International Society of Psychoneuroendocrinology, Leiden, The Netherlands.

Doane, L.D. & Adam, E.K. (2006, March). Associations among negative emotion, life stress, and cortisol in adolescents at risk for depressive and anxious disorders. In E. K. Adam and **L.D. Doane**, (Co-Chairs), *Current Trends in Biopsychosocial Research on the Development of Adolescent Psychopathology*. Symposium conducted at the Biennial Meeting of the Society for Research on Adolescence, San Francisco, CA.

Doane, L. D. & Adam, E. K. (2004, July). Relationship functioning and depressive symptoms over the transition to adulthood. Paper presentation at the 2004 Add Health Users Conference, National Institutes of Health (NIH), Bethesda, Maryland.

Invited Paper Presentations

Doane, L.D. (2008, October). Loneliness, Stress, and Depression in Emerging Adulthood: Physiological Pathways. Invited paper presentation at the Center for Human Potential and Public Policy at the Harris School for Public Policy Studies, University of Chicago, Chicago, IL.

Doane, L.D. (2008, January). Loneliness in Emerging Adulthood: Physiological Pathways. Invited paper presentation at the monthly Colloquia series of the program on Human Development and Social Policy, Northwestern University, Evanston, IL.

Poster Presentations at Professional Conferences

- Doane, L.D.**, Franz, C., Prom-Wormley, E., Eaves, L., Mendoza, S., Xian, H., Lyons, M., Kremen, W., & Jacobson, K. (2009, July). *Does neuroticism moderate the associations between cortisol and depression?* Poster presented at the International Society of Psychoneuroendocrinology Annual Conference.
- Cueto, J.A., Mendelsohn, K.A., **Doane, L.D.**, Adam, E.K., Mineka, S., Zinbarg, R., & Craske, M. (2007, March). *Associations between Psychopathology and Loneliness in Adolescents Over Time*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Boston, MA.
- Hauner, K. K., Adam, E. K., Mineka, S., **Doane, L. D.**, Zinbarg, R. E., Craske, M. G., & Griffith, J. W. (2006, May). *Personality as a predictor of salivary cortisol patterns in adolescents*. Poster presented at the 18th Annual Convention for the Association of Psychological Science, New York, NY.
- Mendelsohn, K., Cueto, J., **Doane, L.D.**, & Adam, E.K. (2006, March). *Being an Adolescent and Alone: Associations Between Psychopathology and Loneliness*. Poster presentation at the Biennial Meeting of the Society for Research on Adolescence, San Francisco, CA.
- Doane, L. D.** & Adam, E. K. (2005, April). *Relationship functioning and depressive symptoms in adolescence and over the transition to adulthood*. Poster presented at the Biennial Meeting of the Society for Research on Child Development, Atlanta, Georgia.

Teaching Experience

- Instructor** HDPS 303: Program Implementation and Intervention Strategies, Northwestern University, School of Education and Social Policy. *Spring 2010*.
- SESP 201: Childhood and Adolescence, Northwestern University, School of Education and Social Policy. *Fall 2009, Winter 2010, Spring 2010*.
- SESP 383/385: Human Development and Psychological Services Practicum and Seminar, Northwestern University, School of Education and Social Policy. *Spring 2008, Spring 2009*.
- HDPS 351: Transition to Adulthood, Northwestern University, School of Education and Social Policy. *Spring 2007, Winter 2009, Fall 2009*.
- Teaching Assistant** HDSP 451: Hierarchical Linear Models, Northwestern University, Human Development and Social Policy. Professor Spyros Konstantopolous, *Fall 2005*.
- SESP 201: Childhood and Adolescence, Northwestern University, School of Education and Social Policy. Professor Emma Adam, *Winter 2004, Spring 2005*.

HDPS 201: Introduction to Human Development and Psychological Services, Northwestern University, School of Education and Social Policy. Professor Nancy Remley. *Fall 2004, Winter 2005, Winter 2006, Winter 2007, Winter 2008.*

HDPS 303: Intervention Strategies, Northwestern University, School of Education and Social Policy. Professor Bart Hirsch. *Spring 2003.*

Professional Memberships

Society for Research in Child Development
International Society of Psychoneuroendocrinology
Behavioral Genetics Association

Ad Hoc Reviewer

Developmental Psychology
Psychoneuroendocrinology

References

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